Spa by COURTYARD

Massage Therapies

Revitalize your body, mind and spirit. Reduce your stress and increase your resilience. Using therapies gathered from around the globe, our expert massage therapists can make your world a little more peaceful.

Swedish Massage 60 minutes/$72 90 minutes/$110
The classic Swedish massage incorporates long fluid strokes of varying depth and light to medium pressure to enhance the body's natural functioning.

Deep Tissue Massage 60 minutes/$85 90 minutes/$125
Chronic patterns of tension in the body are released through slow strokes and firm pressure on contracted areas.

Sports Massage 60 minutes $80
The sports massage integrates Deep Tissue and stretching techniques while targeting specific muscle groups.

Prenatal Massage 60 minute $72
This therapeutic massage, which can be performed in your 2nd or 3rd trimester, focuses on the special needs of pregnancy as the body goes through dramatic changes.

Hot Stone Massage 60 minutes/$85 90 minutes/$125
This massage combines the therapeutic effects of heat and Swedish massage. Heated rocks are used to warm and loosen tight muscles while melting tension.

Ad ons - can be added to any 60 or 90 minute massage.

Aromatherapy Massage $10
This massage uses specifically formulated blends of essential oils to soothe the mind, body and spirit.

Reflexology Massage 30 minutes $45
This specialized treatment helps relieve stress, eases tension and improves circulation by restoring the body's natural balance through reflex points on the feet.

Skin Therapies

Pure Results Facial 50 minutes $85
This active organic facial uses high performance herbal enzyme peels to target the signs of aging with proven ingredients to deeply repair and hydrate the skin. Includes an arm, hand and foot massage.

Moisture Drench Facial 50 minutes $85
Natures answer to moisture-deprived, thirsty skin. In this customized session, skin is replenished at the cellular level with bio-active botanical serums.

Rosacea Facial 50 minutes $85
This soothing facial is designed for skin types sensitive to harsh chemical ingredients. This treatment utilizes anti-inflammatory extracts to calm and sooth the skin.

Acne Treatment 50 minutes $85
Correct acneic complexions with this gentle, yet effective, treatment for teenage or adult acne.

Phytoactive Facial 50 minutes $85
A regenerating treatment with clinical-grade herbal enzymes to exfoliate dead skin cells, reduce fine lines and wrinkles and deeply hydrate, leaving skin polished, firm and smooth.

Sun Repair Facial 50 minutes $85
A restorative facial to reduce the appearance of sun damage.

Men's Facial 50 minutes $85
This effective facial is designed to deeply clean and soothe skin types exposed to sports or shaving.

Body Waxing
A variety of waxing services are available. Call for pricing.

Hand and Foot Essentials

Treat yourself to our natural approach of maintaining beautifully finished, healthy nails. Choose one of our many customized treatments to experience treatments to experience richly hydrated, revitalized, younger looking hands and feet. Unwind, relax and be pampered … you will feel better all over.

Quick Hands $30
Express version of the spa manicure. Includes exfoliation, nail shaping and polish.

Quick Toes $45
Express version of the spa pedicure. Includes exfoliation, nail shaping and polish.

Ultimate Spa Ritual Manicure $50
Experience total relaxation with a detoxifying exfoliation, hydrating mask and massage, cuticle and nail shaping and finish with a perfect polish.

Ultimate Spa Ritual Pedicure $65
Begin with an enriched mineral bath followed by a stimulating massage to promote circulation. Continued with a custom blended foot mask and hydrating treatment to infuse moisture completed by the perfect polish.

Nail Enhancements

Full Set	$40
Pink & White Full Set	$45
Pink Fill	$30
Back Fill - redo whites	$35
Nail Repair	$5 per nail
Shellac	$20
Add Shellac to any service	$15
Shellac soak off and repolish	$30

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